

Herbs and spices

1. Which of the given ones are herbs?

a) Basil

b) Garlic powder

c) Black pepper

2. What is the most widely used spice in the world?

a) Salt

b) Pepper

c) Garlic

3. What is the most popular seasoning in the world?

a) Salt

b) Pepper

c) Cayenne

4. What is the combination of herbs, spices and seeds?

a) Pepper

b) Flavorings

c) Blends

5. Which spice is considered the most expensive in the world?

a) Cinnamon

b) Saffron

c) Ginger

6. What is the most used spice in Greek cooking?

a) Curry

b) Rosemary

c) Oregano

7. Which herb is common in pickling and canning (food preservation)?

a) Dill

b) Basil

c) Rosemary

8. How do you store fresh herbs and spices?

a) In a cool, dry place

b) In the fridge

c) On the counter

9. What herb is used for flavor and then taken out?

a) Chervil

b) Chives

c) Bay

10. How should you store spices?

a) Ziploc bag

b) Air tight containers away from sunlight

c) Damp paper towel in the fridge

11. Which spice comes in root form?

a) Paprika

b) Cinnamon

c) Ginger

12. What is salt characterized as?

a) Seasoning

b) Spice

c) Herb

13. How long do whole spices last?

a) 6 months

b) 5 years

c) 1-2 years

14. Which is not a seasoning?

a) Thyme

b) lemon juice

c) Pepper

15. What dried herb should not be crushed?

a) Thyme

b) Bay leaves

c) Rosemary